

HÁROM GALAMB (THREE DOVES) NEWSLETTER

Spring/Summer 2021

We have just crossed the threshold that lays between summer and autumn. Days and nights had evened out and we have started our journey into the darker half of the year. Although the light and warmth of summer are falling away, we know that the time of our inner light is on its way.

In this newsletter we would like to look back to the past Spring and Summer time as we have skipped a newsletter there have been so many things happening and we have been incredibly busy as you will see!

At the beginning of March our regular activities started on two days of the week. Blanka and Enikő joined us and within a very short time they settled into the new activities, challenges, learnings and rhythms.

On Mondays we were baking bread, buns, pretzels, tackling the challenges of yeast dough; while our dough was rising, we even took the time to do some rhythmical, integrating exercises. We went on walks in the village and encountered its streets and people. Then after a packed lunch shared together, we moved to the weaving loom and did quilling and wool carding.



On Tuesdays the garden was waiting with its many tasks: we were digging, weeding, planting, raking, harvesting vegetables, fruits, herbs and built wood piles. In the afternoons we had craft activities again.



In March, Kinga joined our work having moved not long ago into the village with her husband and little son, right into the street of Harem Galamb! The Spring winds picked her up and blew her into our courtyard. As Zsuzsa's assistant in leading the project, she supports her with her knowledge, creativity and enthusiasm all for the benefit of Harem Galamb.

In June, Mitko finally arrived from Scotland, joining his family here, Zsuzsa and their 3 boys, Péter, Mátyás and Dániel, who had been here already since Summer 2020. He was able to contribute to the building of the project with his work and experience and has since then taken



on the challenges of the gardenwork as he tries to tame its many different corners, while at the same time enjoying the beauties of the Hungarian language.

Alongside this, we had 3 volunteers contributing with their regular support to the work with our young adults. Neza came from Slovenia and supported our work between Autumn 2020 – Summer 2021, sometimes digging in the garden, weeding, planting, while at other times baking, painting, walking and wool carding with the young adults. Audrey arrived in Spring from France to spend 10 months in Cristuru- Secuiesc supporting projects with children and adults with disabilities. She comes two days a week to work with our young adults and at times does some extra work in the garden. Sol comes from the province of Galicia in Spain and gifts her beautiful singing voice, guitar music, drumming and playfulness once a week to the young adults. We are very grateful for their contribution.



From July we started to have an hour of folk dancing on a weekly basis in partnership with the Gondviselés in Cristuru-Secuiesc. 8 young adults participate in the sessions lead by Olga Kincses, the dance teacher and are joined by their parents and volunteers. In these joyful, active sessions, we can all understand each other through the language of music and singing, while the abilities of the young people are improved and harmonised. Our dance lessons are funded by the town of Cristuru-Secuiesc, and a heartfelt thank you to the town for this.



From September we managed to offer further 2 day places and now Klau and Bettina are getting to know our programme with joy and curiosity.

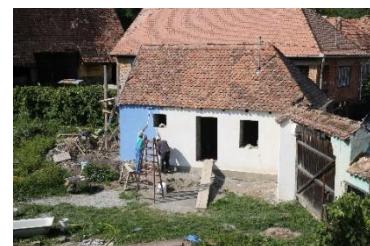


Buildings:

In the course of the Summer, we started the refurbishment of the derelict house on our land which we are hoping to 'take over' when it is finished building in the Autumn. This building will offer our first own workshop space and a toilet.

Parallel with this, the technical planning of our new purpose-built house is in progress. It will have one therapy room and two activity rooms with the necessary toilets included. We are planning to pour the foundation of this building already this Autumn.

We would like to express our special thanks to the Csiga Biga Foundation and to István Balázs for guiding the process of the refurbishment and undertaking a lot of hands-on work together with his colleagues in order to save the traditional features of the house and for the financial support which allows this development to happen.



Garden:

During July and Autumn, Ursula Herzig gifted a month of her work, presence, professional advice, teaching and guidance to Harom Galamb. Ursula is a bio-dynamic gardener with many years of experience, who recently spent a lot of time supporting initiatives in East Europe and in the Balkan countries. During her stay, we held two bio-dynamic workshops in the garden of Harom Galamb: a 2-day workshop for people already familiar or experienced in bio-dynamics and a 1-day workshop for those who were new to it. On the 2 workshops together, we had almost 30 participants. While the participants were learning, the volunteers of the Youth Association from Transylvania from Cristuru-Secuiesc kept the many young children busy with creative, playful activities; our thanks go to Ursula and the volunteers.



Family Day:

In July, in the garden of Harom Galamb under the shades of the big walnut tree, ten young adults and their families enjoyed a program filled with live music and games calling on their senses. This was followed by a delicious meal cooked in the cauldron over the fire, provided by István Balázs, where we were joined by colleagues from the Gondviselés from Cristuru-Secuiesc and the Caritas from Odorheiu-Secuiesc. We would like to say special thanks to the volunteers of the Youth Association from Transylvania for the wonderful music and good mood.

In September, we held another Family Day at the Gondviselés, when eight families participated and enjoyed folk dancing, clay modelling, poppet theatre and shared a tasty meal together.



Our energy and time spent on grant applications in the course of last Autumn and this Spring time brought a lot of positive fruits the details of which you will be able to read on our website. Within this newsletter, we would like to express our gratitude to all our supporters for their trust and readiness to help and thus guide the path of Harom Galamb.

Finally, we would like to close our newsletter with a very special thank you to the four trustees of Harom GalambScotland, Ann Watt, Jim Hornby, John Richards and Laurence Alfred, who stand by our side with perseverance and great devotion with their professional experiences, with trust in us and their encouragement.

If you would like to support our growing project, you can do so on the account below or contact

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